Dental Guard SleepRight Secure

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What is bruxism and why is it bad for your health? Bruxism is the habit of unconsciously clenching and grinding your teeth. This can cause sleep disruptions, headaches and damage to your teeth. The SleepRight Secure dental guard protects you from teeth clenching and teeth grinding, whilst the self-help philosophy guides you in how to break this neuromuscular habit.

Typical sleeping mouth gaurds or dental guards require boiling water or microwaving and biting into hot plastic for fitting. SleepRight Secure does not.

SleepRight's patented self-adjust dental night guard technology provides two bite pads that comfortably fit between your upper and lower molars to re-establish your natural freeway space.

The bite pads have four positions, making it easy to customise the fit for all sizes. They adjust forward for a smaller fit and backward for a larger fit, as well as swivel to match the angle of all bites.

SleepRight exclusively features a flexible, heat sensitive band that is positioned between your lower lip, teeth, and gums, and uses your body's temperature to quickly adapt to each individual's anatomy.

The SleepRight Dental Guard utilises natural tissue retention between your lips, cheek, and tongue to be held in place. There are no clasps that attach to your teeth, and you do not use your teeth to hold the appliance in place.

Technical

Country of Origin	Sweden

Dimensions

Weight	0.01 kg

Package Contents

- Dental Guard
- Storage Case
- Instructions