Dental Guard SleepRight Dura

150202



Teeth clenching and teeth grinding has been classified as a neuromuscular disorder and the unconscious habit of doing this is called bruxism. Overactive muscles can cause chipping, fractures, excessive wear and loosening of the teeth. Some studies report that chronic jaw clenching and teeth grinding may be related to head and neck muscle tension and pain in the jaw joints. The SleepRight Dura dental guard's articulating bitepads, made of a resilient hybrid material, slip comfortably between your teeth, and are designed to re-establish your natural freeway space. While the SleepRight Dura sleeping, mouth guard protects teeth from clenching and grinding, SleepRight emphasises and strongly encourages users to concentrate on, "lips together, teeth apart" to initiate the muscle relaxation learning process. When directed by the brain, muscles at ease will allow the teeth to rest on the bitepads. The natural urge is to bite down but you can overcome this by learning how to keep lips together but teeth apart.

The BITEPADS are 4 times stronger than any other guard because they are engineered using a denser, higher quality material.

The SMOOTH BAND is anatomically designed with an inner bridge to prevent sliding and features extra bendable hinges to reduce pressure points.

The STABILITY WINGS have increased flexibility and move with your mouth for increased comfort.

Technical

Country of Origin	Sweden

Dimensions

Weight	0.01 kg

Package Contents

- Dental Guard
- Storage Case
- Instructions